

## Alcohol & Drug Awareness

The **Drug-Free Schools and Communities Act Amendment of 1989** (Public Law 101-226) requires the College to certify to the Department of Education that it has adopted and implemented a program to prevent the illicit use of drugs and the abuse of alcohol by students and employees.

This program must include the following:

1. Standards of conduct concerning the unlawful possession, use, or distribution of drugs and the illegal use of alcohol by students and employees on college property or at any College activity
2. Description of legal sanctions
3. Clear statement of the College's sanctions for violations
4. Description of any drug and alcohol counseling, treatment, or rehabilitation services.
5. Description of the health risks associated with the use of illicit drugs and abuse of alcohol.

The information below complies with the requirements of the Act.

It is unlawful to possess, use, or distribute illicit drugs on LDCC property or at any College-sponsored event. Alcohol and drug use is a major issue in the community and on college campuses. Alcohol and drugs can seriously damage physical and mental health, as well as jeopardize personal and public safety. In addition, excessive alcohol consumption may lead to physical abuse, date rape, auto accidents, violence, and other behaviors which lead to self-destruction.

The College abides by all state, federal, and local laws about alcohol and will enforce underage drinking laws. LDCC Alcohol and Drug policy prohibits the consumption, possession, or distribution of alcoholic beverages or other drugs in or on any College property or while participating in any College-sponsored trip or activity. All state, local, and federal laws are enforced and may result in disciplinary action by the College and criminal prosecution. Violation of the underage drinking laws **will be** enforced.

The LDCC Office of Counseling Services provides both in-person and virtual drug awareness seminars throughout the year as well as referral services to students, faculty, and staff who seek help with substance abuse problems. Email notifications regarding the Alcohol and Drug Policies are sent biannually to students and employees.

LDCC is a drug and alcohol-free campus and recognizes that drug and alcohol abuse is a major societal concern and problem. Such abuse leads to health problems, decreased productivity, crime, and general weakening of our nation's social fabric. Alcohol and drug abuse is especially destructive to education and learning, inhibiting educational, social, and interpersonal development. It is the purpose of this policy to establish a comprehensive program to address the abuse of alcohol and drugs.

The following conduct is prohibited:

- a. The use, consumption, possession, manufacture, furnishing, sale, and distribution of illicit drugs, narcotics, or other controlled substances, including marijuana.
- b. The use, possession, manufacture, purchase, sale, furnishing, and distribution of drug paraphernalia.
- c. The use, consumption, possession, manufacture, purchase, sale, furnishing, and distribution of alcoholic beverages on college property or at any of its activities, except as expressly permitted by college regulations and the law.
- d. The use, consumption, possession, and purchase of alcoholic beverages by persons under 21 years of age.

- e. Operating or attempting to operate a motor vehicle while intoxicated.
- f. Public intoxication on college property.
- g. Furnishing, serving, and otherwise providing alcoholic beverages to persons under 21.

**College Sanctions**

Students who violate the provision of this policy will be subject to sanctions, which could include criminal prosecution, suspension, and expulsion.

**HEALTH RISKS & TREATMENT**

**HEALTH RISKS**

As part of the effort to create a drug-free campus, LDCC believes that the college community should be educated about the physical and emotional health hazards the misuse of drugs and alcohol presents. LDCC provides students, faculty, and staff information and educational programs on substance abuse throughout the year. Listed below are some of the health risks associated with using/abusing alcohol and various drugs. (Please note that the dangers associated with substance abuse are not limited to only the conditions listed below.)

<b>Substance</b>	<b>Known Health Risks</b>
<b>Alcohol</b>	Heart and liver damage; brain damage; death from overdose and accidents.
<b>Marihuana/Hashish</b>	Impaired memory perception, interference with psychological maturation, possible damage to lungs and heart, psychological dependence.
<b>Cocaine</b>	Intense psychological dependence, sleeplessness and anxiety, nasal passage damage, lung damage, and death from overdose.
<b>Stimulants</b>	Loss of appetite, hallucinations, paranoia, convulsions, brain damage, cancers of the lung, throat, and mouth, and death from overdose.
<b>Depressants</b>	Infection, addiction, loss of appetite, death from overdose, nausea, and severe interaction with alcohol.
<b>Narcotics</b>	Addiction with severe withdrawal symptoms, loss of appetite, and death from overdose.
<b>Hallucinogens</b>	Anxiety, depression, impaired memory, emotional breakdown, death from overdose.
<b>Inhalants</b>	Drastic weight loss, brain damage, liver and bone marrow damage, and high risk of sudden death.

**COUNSELING, TREATMENT, AND REHABILITATION**

LDCC has an experienced and highly qualified counselor who can provide information, confidential referrals, and assistance to students with problems stemming from the use or abuse of drugs or alcohol. Employees are encouraged to contact the HR Department for counseling, treatment, and rehabilitation information.

**AVAILABLE RESOURCES AND SUPPORT**

Abuse of alcohol and drugs can have a dramatic impact on professional, academic, and family life. LDCC, therefore, encourages members of the community who may be experiencing difficulty with drugs or alcohol to attend programs or to contact one of the following resources:

LDCC Office of Student Counseling and Disability Services  
Ms. Traci Clark, LPC  
[traciclark@ldelta.edu](mailto:traciclark@ldelta.edu)  
318-345-9152

SAMHSA's National Helpline  
[1-800-662-HELP \(4357\)](tel:1-800-662-HELP(4357)) (also known as the Treatment Referral Routing Service), or TTY:  
[1-800-487-4889](tel:1-800-487-4889) is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in  
English and Spanish.

Rays of Sonshine Monroe  
317 North 2nd Street  
Monroe, LA 71201

NORTHEAST DELTA Human Service Authority  
Mental Health & Addictive Disorders  
[318-362-3270](tel:318-362-3270)

The College's Drug and Alcohol-Free Campus Act Biennial Review is available in the Office of Student Counseling and Disability Services.

